

WORD ON THE STREET

NAVIGATING COVID-19 CONVERSATIONS

WHAT ARE OUR NAVIGATORS HEARING?

"I recently had COVID-19. Do I need a booster?"



You should get a COVID-19 vaccine even if you already had a COVID-19 infection. Studies show that getting a COVID-19 vaccine after you recover from COVID-19 provides added protection to your immune system.

Getting sick with COVID-19 offers *some* protection from future illness with COVID-19, sometimes called “natural immunity.” The level of protection people get from having COVID-19 may vary depending on how mild or severe their illness was, the time since their infection, and their age; and no currently available test can reliably determine if you are protected after a COVID-19 infection. Vaccines are a safe way to keep you from getting and spreading COVID-19. It also protects you from serious illness if you get sick again.

People with a current infection **should wait to get vaccinated at least until they recover completely (if they had symptoms) and meet the criteria to stop isolation.**

Groups that are eligible for a booster in the U.S. are:

- People 12+ years — at least 5 months after vaccination with 2 doses of the Pfizer vaccine
- People 18+ years — 5 months after vaccination with 2 doses of the Moderna vaccine
- People 18+ years — 2 months after 1 dose of the Johnson & Johnson vaccine

Sources: read more [here](#) and [here](#).

Find a COVID-19 vaccine or booster: Search vaccines.gov, text your ZIP code to 438829, or call 1-800-232-0233 to find locations near you.

SENSITIVE CONVOS



Why do I need to be vaccinated if I still have to mask?

Why do I need to wear a mask if I am vaccinated?



Navigating life during a pandemic is a lot like driving a car.

Safety is not a one-stop-shop!

We need to protect ourselves and our communities from all angles.



Getting vaccinated is a lot like wearing a seatbelt. The booster can be considered your airbag!

Wearing your seatbelt and airbag do not protect you from getting into an accident, they minimize deadly injury. Similarly, there is a chance of contracting COVID-19 while vaccinated or boosted BUT the vaccine and booster will protect you from severe illness, hospitalization, and death. Do NOT wait until you or someone close to you contracts COVID-19 to get vaccinated or boosted.



Think of mask-wearing as following the speed limits and social distancing as staying in your lane of traffic.

Masks are protective but masking WITH social distancing is even MORE protective, just like following the speed limit is great but you must also stay in your lane of traffic.



SAMPLE SOCIAL MEDIA CONTENT

Instagram Graphics can be accessed [here](#).



Sample caption: Did you know that when cars were first invented and became popular many modern safety protocols were not in place? Many driver and public safety guidelines were implemented overtime. Fun fact: The very first standard requiring children car seats to be held by seat belts was set in 1971 by the National Highway Traffic Safety Administration. Over time, guidelines for keeping us safe in our cars have gotten better and better. When we think of staying safe during the pandemic, we must also remember that following one protocol is not enough to keep us all safe. But, when we follow all of the guidelines together, we can keep ourselves and loved ones safer.

WHAT WE'RE READING & LISTENING TO:



- READ: Should I just get Omicron over with? (The Atlantic, Katherine J. Wu, January 5, 2022). Read [here](#).
- LISTEN: We need to talk about Covid, Part 1. (The Daily, January 26, 2022). Listen [here](#).
- LISTEN: We need to talk about Covid, Part 2: A conversation with Dr. Fauci (The Daily, January 31, 2022). Listen [here](#).

What are you hearing? Share the 'word on the street' from your perspective by filling out [this form](#).



NAVIGATOR SHOUT OUT



Alice Liang is a trained Community Health Representative for NYU Langone Health Perlmutter Cancer Center. She joined NYU in 2018 and has been part of the NYU family for over 3 years working as a CHW. Before joining NYU, she had worked closely as an interpreter with ACS, NYC DOT, and NYC DOE. It gave her a good foundation and background in social related positions.

Currently, she is working as a member of the Stamp Out Cancer Brooklyn team, a multi-pronged, community-engaged initiative that aims to reduce the overall burden of cancer and alleviate cancer-related disparities in New York City. Part of Alice's work includes engaging and connecting local communities to culturally adapt, test and evaluate the effectiveness of evidence-based solutions to prevent and reduce the burden of cancer in her communities. Alice has utilized her fluency in English, as well as her mother dialects of Chinese including Cantonese, Mandarin, and Taishanese to continuously promote this program to reach more people.

She is proud to take part in providing support and services to her communities and seeing the changes she and her team make in the lives of others. Alice's job is joyful and she is very passionate about her work. Her job gives her such empowerment and confidence that it influences her to continuously do more and do better for the communities she serves.



Our navigators and community healthcare workers are working hard every day to make a big impact on NYC's public health.

We want to highlight you! To share your bio and photo, or to nominate a colleague, complete [this form!](#)

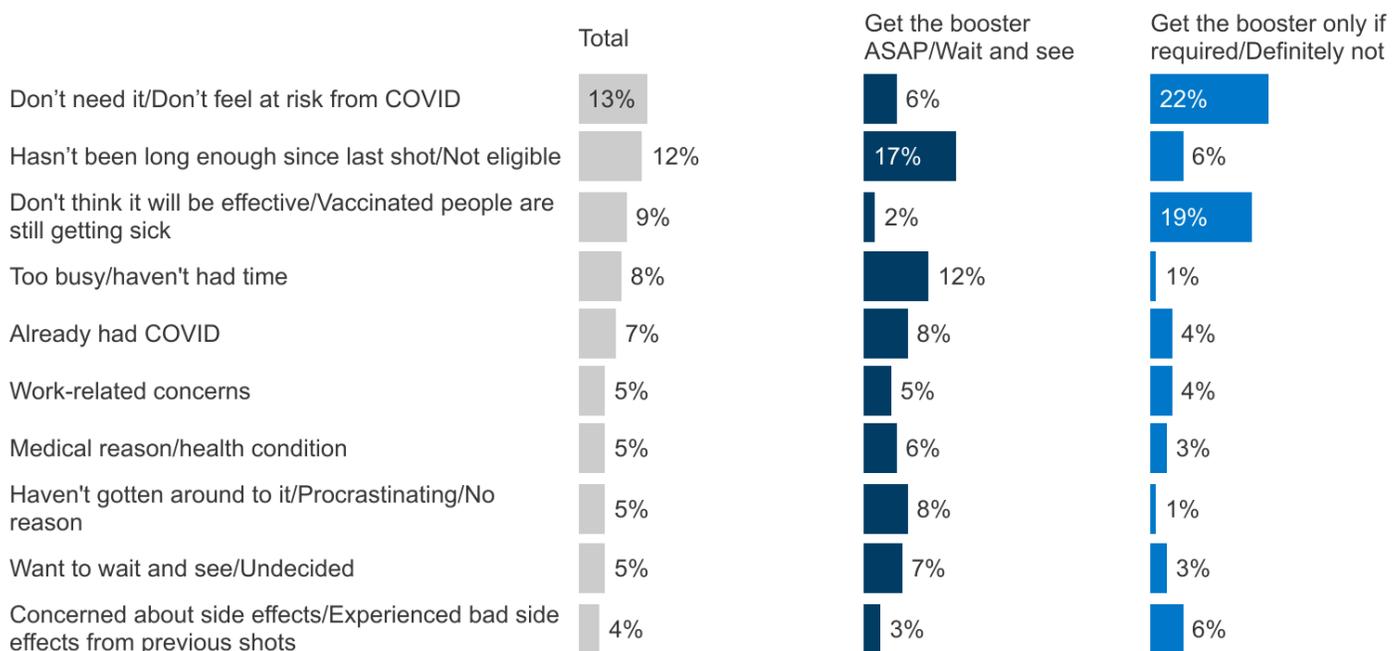
DATA SNAPSHOT

Because the booster is an important part of keeping us all healthy, it's critical to understand some of the reasons people are saying they have not yet received their booster shot. Below are responses from across the United States. 8% of those who are waiting to get the booster said it's because they have already had COVID-19. People who are less comfortable with the booster are most likely to say they don't think they need the booster and don't think that COVID-19 is a risk to them (22%). Read more [here](#).

Figure 16

Reasons For Not Getting A Booster Include Not Feeling It's Necessary, Not Being Eligible, And Doubting Effectiveness

What is the main reason you have not gotten a booster dose of the COVID-19 vaccine? (open-ended)



NOTE: Among adults who have received at least one dose of a COVID-19 vaccine but have not yet received a booster. Responses over 3% for total shown. See topline for full question wording.

SOURCE: KFF COVID-19 Vaccine Monitor (January 11-23, 2022)

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Vaccine Monitor**

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